

UKK Institute for Health Promotion Research

List of publications 2003-2011

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Journal articles

Health and exercise promotion

2011

Kolu P, Raitanen J, Luoto R. Cost of gestational diabetes-related antenatal visits in health care based on the Finnish Medical Birth Register. *Primary Care Diabetes* 2011;5:139-141

Lamberg S, Raitanen J, Rissanen P, Luoto R. Prevalence and regional differences of gestational diabetes mellitus and oral glucose tolerance tests in Finland. *Eur J Public Health*, epub ahead of print December 2010. doi:10.1093/eurpub/ckg193

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Aittasalo M, Pasanen M, Fogelholm M, Kinnunen T, Ojala K, Luoto R. Physical activity counseling in maternity and child health care. A controlled trial. *BMC Women's Health* 2008;8:14

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Aittasalo M, Miilunpalo S. Offering physical activity counselling in occupational health care - does it reach the target group? *Occupational Medicine* 2006;56:55-58

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Fogelholm M, Valve R, Absetz P, Heinonen H, Uutela A, Patja K, Karisto A, Konttinen R, Mäkelä T, Nissinen A, Jallinoja P, Nummela O, Talja M. Rural-urban differences in health and health behaviour. A baseline description of a community health-promotion programme for the elderly. *Scand J Public Health* 2006;34:632-640

Joutsenniemi K, Martelin T, Koskinen S, Martikainen P, Härkänen T, Luoto R, Aromaa A. Official marital status, cohabiting and self-rated health. Time trends in Finland 1978-2001 *Eur J Publ Health* 2006;16:476-83

Marttila J, Nupponen R. Assessing attitude. The case of health-enhancing physical activity. *Scand J Public Health* 2006;34:168-174

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Aittasalo M, Miilunpalo S, Suni J. The effectiveness of physical activity counseling in a work-site setting. A randomized, controlled trial. *Patient Educ Couns* 2004;55:193-202

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Physical activity – health-related fitness

2011

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Sallinen J, Fogelholm M, Pakarinen A, Juvonen T, Volek JS, Kraemer WJ, Alen M, Häkkinen K. Effects of strength training and nutritional counseling on metabolic health indicators in aging women. *Can J Appl Physiol* 2005;30(6):690-707

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Assessment of physical activity and health-related fitness

2010

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Body composition, obesity

2010

Rauhio A, Uusi-Rasi K, Kunnas T, Nikkari T, Kannus P, Sievänen H. Estrogen receptor-1 genotype is associated with bone structure in premenopausal obese women. *Maturitas* 2011;68:362-367

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Nutrition

2010

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Exercise safety Prevention of falling, fractures and osteoporosis

2011

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